



HEALTHY HABITS @HOME

The Week of Sep. 22 - Focus Bible Passages: Exodus 32-34

A Car ride discussion:

What's one thing from church this Sunday about God that we can delight in?

From our time together on Sunday, what's one way we can live differently this week?

Who is one person we saw or missed at church who we could connect with this week?



A Prayer to Pray:

Father, thank you for your incredible mercy and grace. We confess ways that we are tempted to turn from you in times we grow impatient. Please help us to behold your glory in your grace so that we may be transformed more and more. Satisfy us with your presence so that we turn from the idolatry of lesser things. In Jesus name we pray, Amen.



Devotion Starter

- Name a time you've realized you've really messed up. Who was disappointed or hurt by your mistake? How did you expect them to respond, and how did they respond?

- Name a time you've been disappointed or hurt by someone else. How did they expect you to respond. How did you respond?

Read Exodus 32:1-6

- How did the Israelites mess up here? What was their sin? What was the circumstance that prompted their temptation (vs. 1a)? How did they allow that temptation to lead to sin (vs. 1b-6)?

- What commandments did they break (See Exodus 20)?

Read Exodus 32:9-14.

- What did God threaten? And how did Moses respond? What promises did Moses use to "remind" God?

Read Exodus 33:1-3

- What did God offer to the Israelites, almost like a compromise because of their sin?

- Are there ways that we're tempted to settle for compromises like this?

- Would we content with gifts of God without the presence of God?

Read Exodus 33:13-18

- What was Moses's reply to God's offer of a compromise?

- Between the offer of God's gifts without God's presence and the promise if God's presence, which did Moses want?

- Do we respond that way? Why or why not?

- What would convince us to want God's presence over only God's gifts?

Read Exodus 33:19-34:9

- Describe Moses's encounter with God in these verses. What did Moses see? What did he hear?

- What did Moses learn about the nature of the Lord here?

- Exodus 34:6-7 is quoted numerous times throughout the OT (Numbers 14:18, Nehemiah 9:17; 13:22; Psalm 5:8, 69:14, 86:5, 103:8, 145:8; Isaiah 63:7, Joel 2:13, Jonah 4:2; Nahum 1:3). Do these verses shape our understanding of God as much as they shaped the people of the OT? What keeps us back from viewing God this way?

Read Exodus 34:29-34.

- What happened to Moses after meeting with God?

- This isn't the first time Moses met with God (Exodus 3, Exodus 20-31). And yet this is the time his face shines. What changed? How does Moses better know God having gone through the golden calf episode than he did before?

- What happens in our relationships with God and others when we sin and show or receive mercy?

- Read 2 Corinthians 3:18 and 2 Corinthians 4:6. How does God's presence impact us today?